

Alcohol Awareness Post Test

Designed to be administered after viewing the on-line Alcohol Awareness training provided by Cindy Schaidler, Casa Grande Alliance

1. Binge drinking for men is defined as how many drinks on one occasion?
 - a. Five or more
 - b. Ten or more
 - c. Twelve or more

2. On average, it takes how long for one drink to completely leave a person's system?
 - a. 30 minutes
 - b. 2 - 3 hours
 - c. 5 – 6 hours

3. One night of heavy drinking can impair the brain's ability to think abstractly for how long?
 - a. 2 days
 - b. 10 days
 - c. 30 days

4. Alcohol is a:
 - a. Sedative
 - b. Stimulant

5. The first part of the brain to get intoxicated is the:
 - a. Judgment center
 - b. Fine motor skills
 - c. Gross motor skills

6. At what age do most teens start drinking?
 - a. 12
 - b. 15
 - c. 17

8. Youth who drink before age 15 are how many times more likely to become an alcoholic?
 - a. 2 times more likely
 - b. 4 times more likely
 - c. 5 times more likely

9. What percentages of adults do not drink at all?
 - a. 35%
 - b. 10%
 - c. 50%

10. When a person drinks alcohol and uses other drugs at the same time, the risk of overdose increases.
 - a. True
 - b. False

Correct answers to these questions can be obtained by watching the Alcohol Awareness training or Contacting the Casa Grande Alliance at cgalliance@cybertrails.com